

The Epione-CVM MBA

Based on the work of the Phoenix Center (Institute of Psych trauma and Resilience), the Epione-CVM (Crisis Victims Management) MBA is designed for victims of profound psychic and social trauma.

It structures a therapeutic approach for the physical and psychological victims of terrorist attacks or collective accidents

Victims of terrorism or of collective accidents that are not psychologically and socially supported develop psychic traumas and disabling physical symptoms. Somatization causes a major psychological and social handicap and gives birth to sick individuals.

The name of the MBA "Epione-GVC" is chosen with reference to the Greek mythology where the nymph Epione is portrayed as the one who relieves evils because she is married to the god of medicine Asclepius. Thus, the emphasis is placed on the importance of therapeutic work, which from ancient times was considered an inseparable part of the healing process.

MBA students will therefore have to acquire the knowledge and know-how that will allow them to organize on the ground specific projects for each situation of attack or collective accident intended to allow the victims to get out of their "state of victim" And reintegrate them into society through a therapeutic and social program aimed at helping patients to elucidate their trauma and overcome it.

MBA program

1 Parameters and categorization of the attack or collective accident.

This part of the program aims to enable students to acquire the skills to categorize the attack or the collective accident and determine the types of psychic and social traumas that it is likely to cause.

2 Institutional and civil society partners.

This part of the program aims to enable students to acquire the skills to identify very quickly and systematically the partners with whom the care and treatment of victims will be organized.

3 The material and human resources to be implemented and their budgetary impact

This part of the program aims to enable students to acquire the skills to determine very quickly the material and human resources to implement to provide direct or collateral victims with psychological and social support for immediate psychological care.

4 Victims' rights

Training on the legislative and regulatory texts that regulate the rights of victims to fair compensation for the harm suffered and the assumption of the legal costs incurred.

5 Study of the admission conditions of patients

- a) Latency period before starting treatment
- b) Regulatory authorizations.
- c) The treatment monitoring commitment

6 The process of psychological treatment and social reintegration

a) "Purge" the traumatic impact through various programmed therapeutic workshops. These workshops will allow victims to exteriorize their trauma through speech, body, eye movement and imagination.

Once past this first stage psychic elaboration will be facilitated.

b) Elaborating the trauma is also giving meaning to what has been lived and which has broken the psyche. The work of mourning can begin with the prospect of projecting oneself.

c) The last step is to help the subject, once out of victim status, to re-register in society in order to carry out professional and personal projects and thus become a new player in his social life.

7 Training in the organization of workshops and therapeutic tools that will help patients to clear their trauma

a. Speech group workshop.

b. Psychodrama workshop.

c. EMDR Workshop (Movement, Desensitization and Reprocessing)

d. Art therapy workshop

The themes of the workshops chosen for the treatment will be closely related to the traumatic event

8 "Transitional time" training

The objective of the action taken with victims is also to facilitate their reintegration into society through leisure activities with non-victims. Because the first reflex of the victims is the withdrawal into oneself.

The trauma causes an emotional tsunami where the individual loses all his bearings during a "period". But this withdrawal is necessary to find and rebuild with the participants of the same group, this transition is essential for the return to society.

Students will need to acquire the skills to develop activities that allow patients to move from psychic life to real life and psychologists to evaluate their reactions in real time so that they can intervene if needed.

9 MBA closing thesis

The students will have to choose, in agreement with the teachers, a subject of memory to deepen one of the themes of the formation, subject that they will clear in first year with a first oral presentation based on a written document of about thirty pages and that they will deepen in second year by presenting a dissertation built of about sixty pages which will be the subject of a defense.